



Wakefield's Great Valu Market

Great Meal

Sweet Potato Chili Casserole

1 lb ground beef
2 cups sweet potatoes, peeled and cubed
1 can black beans, rinsed and drained
1/2 cup red bell pepper, diced
1/2 cup green bell pepper, diced
1 medium onion, diced
1 cup beef broth
1 (28 oz) can crushed tomatoes
2 tablespoons chili powder
1 teaspoon ground cumin
1 teaspoon oregano
Salt and pepper to taste

Cook ground beef in a large cast iron skillet, and drain. Add a drizzle of olive oil to skillet and add onion, bell peppers, sweet potato, and spices. Cook until vegetables are tender. Add the tomatoes, black beans, and beef broth. Add salt and pepper to taste. Bring to a simmer. Next, place the skillet in the oven at 400 degrees. Bake about 30 minutes. Garnish with shredded cheese and serve.