



# Wakefield's Great Valu Market

## *Great Meal*

### Baked Cajun Catfish

Fresh catfish fillets  
Cajun seasoning blend

Serve with a green salad drizzled  
with a citrus vinaigrette.

Rinse and pat dry the catfish fillets. Coat both sides of the fillets with Cajun seasoning, and place in a single layer in a greased baking dish. Bake in a 350 degree oven until the fillets are cooked through and flake easily. Enjoy.